



3 PART FRAMEWORK
Consistent Clients + Income

Amanda Jane Daley





3 PART FRAMEWORK FOR CONSISTENT CLIENTS + INCOME

4 SIMPLE TIPS TO GET THE MOST OUT OF THIS MASTERCLASS

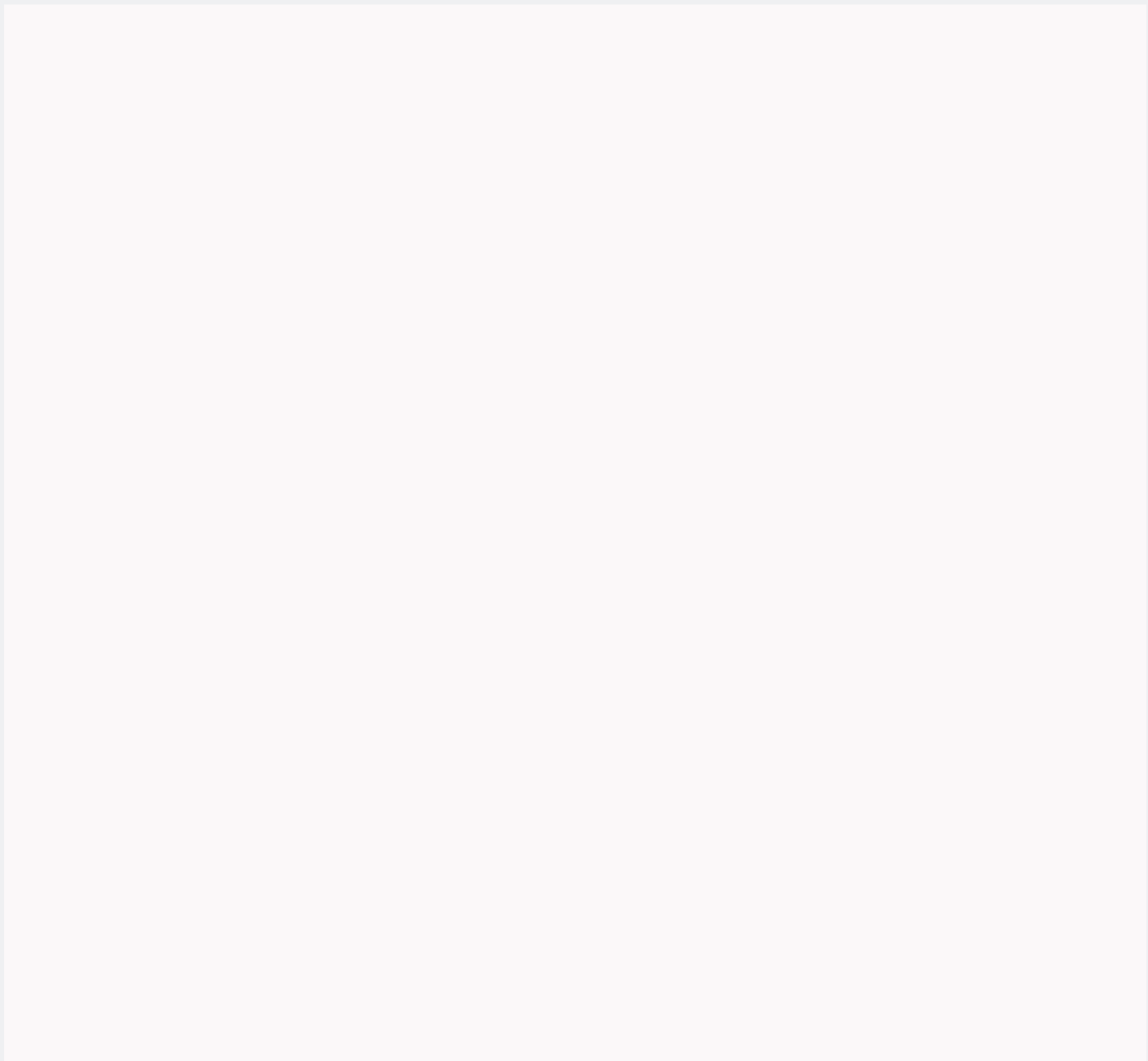
- 1.** Print out this Guidebook before the event starts so you can write down your notes and insights as you listen.
- 2.** Before the event, think of the key areas in your life that you want to transform. What areas of your life would be most positively affected if you lived a life beyond limits?
- 3.** During the event write down your 'aha' moments, insights and discoveries while you listen. This way you won't lose the information most relevant to you.
- 4.** Think about how you can implement the advice and insights I reveal during the webinar



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**What are the common mindsets that
hold new coaches back?**

**Which of these mindsets (if any) could be holding
YOU back right now?**



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CLIENTS + INCOME

My Coaching Schedule

Desired Income: _____

Total Clients per week/fortnight: ___ Total Income per week/fortnight: _____

mon.

tues.

wed.

thurs.

fri.

sat.

sun.



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3 Keys to Unlocking \$5k Months as a Health Coach

Key #1:

Key #2:

Key #3:

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Your insights and discoveries while listening to the webinar

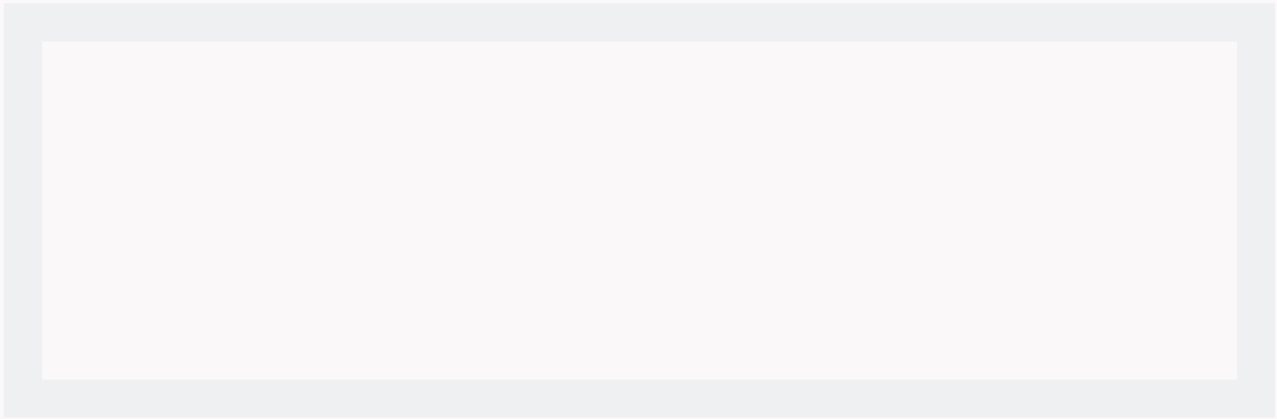
According to Amanda, what is the REAL reason Health Coaches struggle to get clients?

Which of the 3 Keys are holding you back in your Health Coaching career?

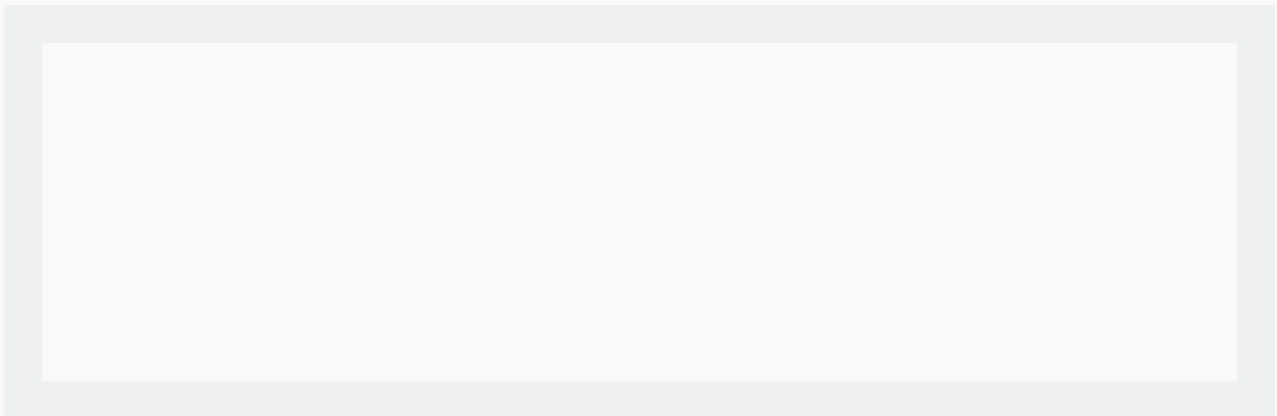
Which Key would you love to master to get a breakthrough in your career?

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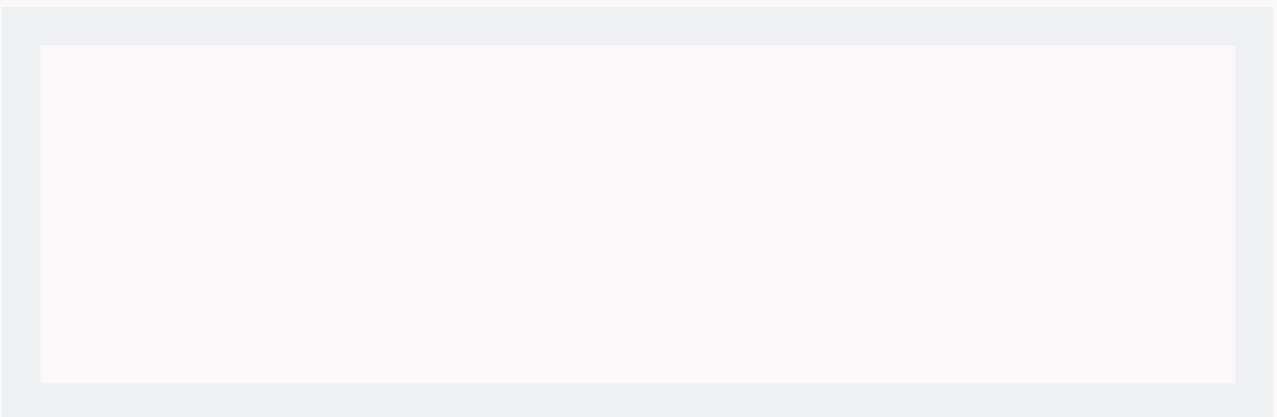
What new beliefs do you want to cultivate into your mindset now?



How would your ideal business look if you could master these Keys?



What are you motivated to action after watching today's webinar?





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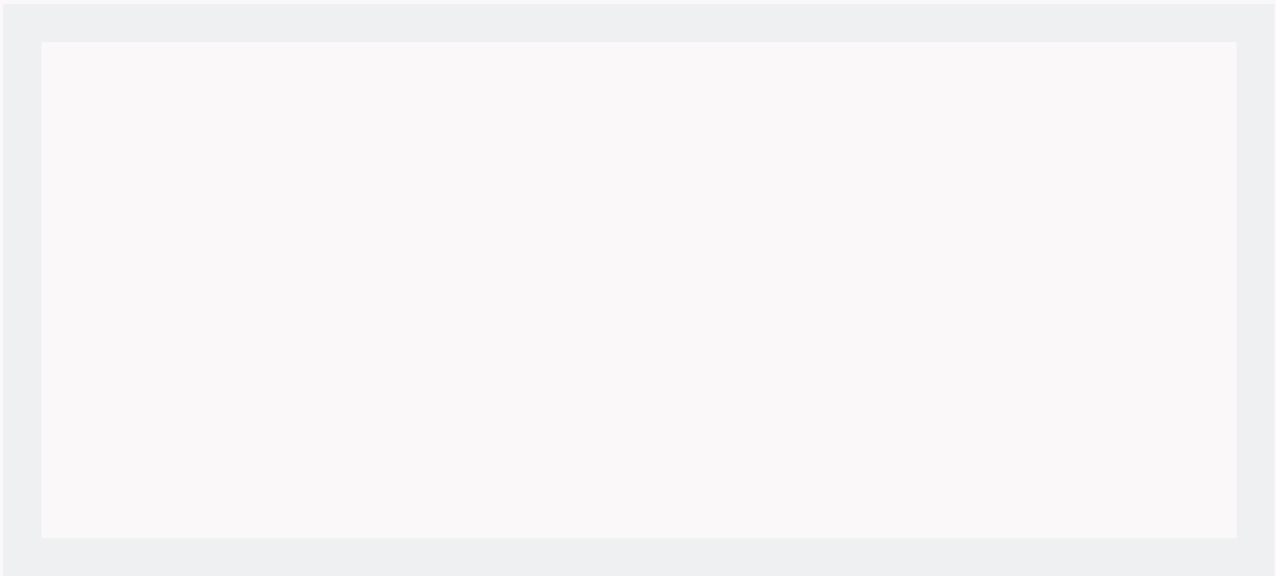
Look at the next 60 days. Imagine if you can easily and consistently create \$5k per month using Amanda's formula. What would that look like for your health, career, and/or relationships?

What would it cost you NOT to fully access and sustain these powers?

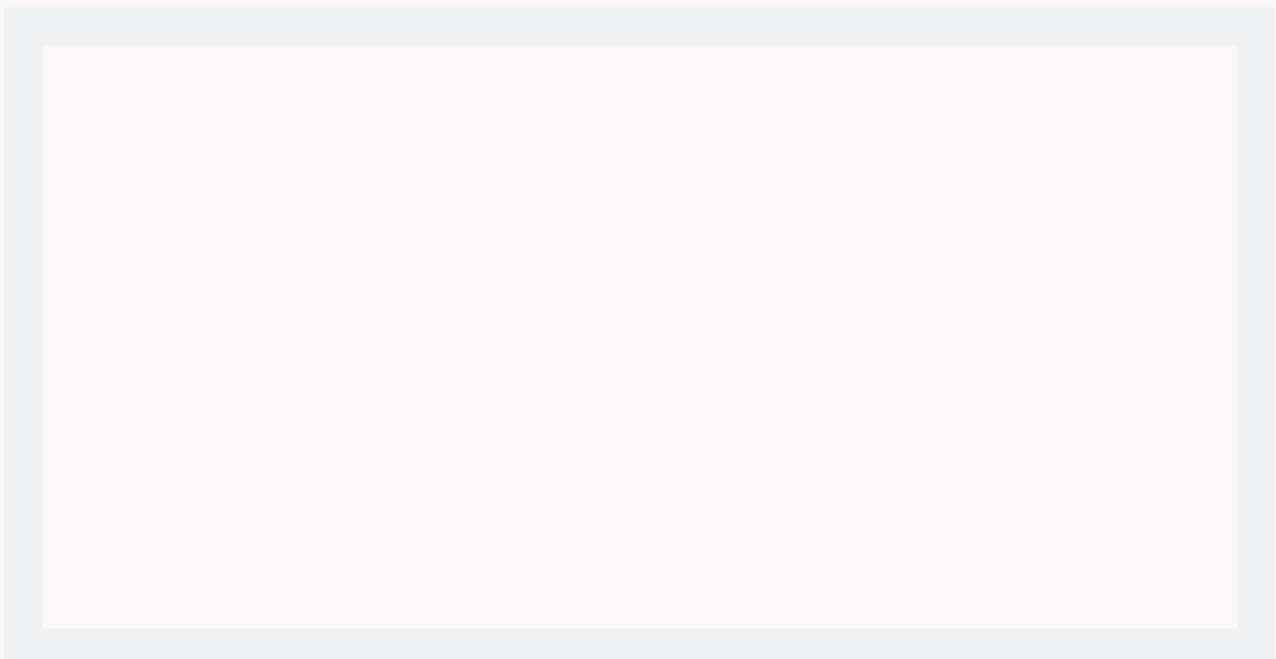
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NOTES PAGE

Write down your goals (be as specific as possible):

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Add other notes below:

A large, empty rectangular box with a light gray border, intended for writing additional notes.